

Resting Metabolic Rate Expenditure Report

Client Name _____

Indications _____

Referring Clinician _____

PROCEDURE

Client presented to Sports Medicine and Athletic Performance in good health. He/She proceeded to lie down for 15 minutes prior to data collection. After 15 minutes, gas exchange was measured via Parvo Medics' TrueONE 2400 Metabolic cart.

RESULTS

Andrew Getzin, MD
*Director of Cayuga Medical Center Sports Medicine
and Athletic Performance Endurance Center*

DATE