Locations

Island Health Center Physical Therapy
310 Taughannock Blvd.
Ithaca, NY 14850
(607) 252-3500

Brentwood Physical Therapy
10 Brentwood Dr., Suite A
Ithaca, NY 14850
(607) 274-4159

Cortland Physical Therapy
Cortland Convenient Care Center
1129 Commons Ave.
Cortland, NY 13045
(607) 252-3500

Cayuga Medical Center
Physical Therapy
(607) 252-3500
cayugamed.org
Welcome to Physical Therapy at Cayuga Medical Center

With an experienced team of physical therapists and physical therapist assistants, Cayuga Medical Center continues as the area's leader in physical therapy services. Our team has extensive training, expertise, and professional certifications that are unmatched in the Finger Lakes region.

We provide therapeutic and rehabilitation services for both our active and recuperating clientele of all ages.

Physical Therapy Services Available

- Aquatic therapy
- Custom foot orthotics
- Elbow, wrist and hand rehabilitation
- Ergonomic assessments
- Foot and ankle rehabilitation
- Functional capacity evaluations
- Hip and knee rehabilitation
- Lymphedema treatment
- Neurological rehabilitation
- Pediatric rehabilitation
- Pelvic floor pain and incontinence
- Performing Arts rehabilitation
- Shoulder rehabilitation
- Spine rehabilitation
- Sports injury rehabilitation
- Temporomandibular joint (TMJ) rehabilitation
- Vestibular rehabilitation
- Pre- and post-partum rehabilitation

Leaders in Education

Cayuga Medical Center Physical Therapy was credentialed by the American Physical Therapy Association in 2010 with the first Physical Therapy Orthopedic Residency program in New York State.