

# Providing Comprehensive Emergent Care to our Community.

Here are general guidelines to help you decide where to go.



## Go to the EMERGENCY DEPT.



### If You Have:

- Chest pain
- Difficulty breathing
- Symptoms of stroke (*the sudden onset of slurred speech, weakness or partial paralysis on one side, confusion, difficulty swallowing, double vision*)
- The sudden onset of pain anywhere in the body (*such as severe abdominal pain or severe headache*)
- Deep cuts with uncontrolled bleeding
- Traumatic accident of any kind (*fall, motor vehicle accident, serious blow*)
- Drug overdose
- Compelling thoughts of suicide
- An acute altered level of consciousness
- Anytime you feel the urgent need to be medically evaluated

**CALL 911** and have an ambulance bring you to Cayuga Medical Center's Emergency Department. Our local EMS providers can start your care right in the ambulance, giving you a good head start.

**Cayuga Medical Center  
Emergency Department**  
101 Dates Drive  
Ithaca, NY 14850



## Go to URGENT CARE



### For a Minor Illness or Injury:

- Ear, throat, or respiratory infection
- Virus or flu
- Sprains or strains
- Minor burns
- Lacerations or puncture wounds
- Bites
- Minor eye injuries

*Our Urgent Care Centers are not equipped to take care of heart attacks, acute asthma attacks, and other bona fide medical emergencies.*

*For emergencies, CALL 911 or go to Cayuga Medical Center's Emergency Department.*

**Urgent Care  
East Campus (Ithaca)**  
10 Arrowwood Drive  
(Just off Warren Road)  
Ithaca, NY 14850  
(607) 274-4150

**Urgent Care  
Cortland Campus**  
1129 Commons Avenue  
(Just off Route 281)  
Cortland, NY 13045  
(607) 756-7200

**Walk-Ins Welcome:**  
7:00 am - 10:00 pm

*Highly Certified Physicians and  
Registered Nurses on Staff at All Times.*



## Go to KIDS CARE



### For Pediatric/Adolescent Care:

- After-hours outpatient pediatric and adolescent care (*infant through 17 years old*)
- Specialized care setting
- Staffed by local pediatricians and registered nurses who are experienced in the care of sick babies and children.

*For emergencies, CALL 911 or go to Cayuga Medical Center's Emergency Department.*

**Kids Care  
Cayuga Medical Center**  
101 Dates Drive  
Ithaca, NY 14850

**Kids Care Hours**  
Mon-Fri:  
5:00 pm - 9:00 pm  
Sat Noon - 6:00 pm  
Sun 10:00 am - 6:00 pm



**Cayuga**  
MEDICAL CENTER

A Member of Cayuga Health System

[www.cayugamed.org](http://www.cayugamed.org)