

FREE COMMUNITY LECTURE SERIES

Shortness of Breath During Exercise: It's Not Always Asthma

June 21 • 7:00 p.m. – 8:00 p.m.

Cayuga Wellness Center • 3rd Floor • 310 Taughannock Blvd • Ithaca, New York



You will leave the talk with a better understanding of:

- *How common shortness of breath is in athletes*
- *How objective diagnostic testing is necessary to determine the cause of breathing problems*
- *Why asthma is often misdiagnosed*
- *The upper airway problem called exercise induced laryngeal obstruction*
- *The role of speech therapy in managing exercise induced laryngeal obstruction*

Presenters:



Andrew Getzin, MD
*Medical Director,
Sports Medicine and
Athletic Performance*



Michele Chisholm, MS, CF-SLP
*Speech Therapist,
Cayuga Medical Center*

For more information and to RSVP: (607) 252-3580 or cls@cayugamed.org



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